

# Impulse Dance Academy

## 2023-2024 Weekly Schedule

(All days and times are subject to change)

Ages 2-3

Ages 4-7

Ages 7+

12+

Adult

\*Competition

	STUDIO 1	STUDIO 2
<b>Monday</b>	4:45-5:15 Teen Solo 5:15-7:00 Adv Ballet 7:00-8:00 Pre-pointe 8:00-8:45 Conditioning/stretch	4:45-5:15 Mini Solo 5:15-5:45 Junior Solo 5:45-6:45 Junior Technique 6:45-7:30 Junior Jazz Comp Group
<b>Tuesday</b>	5:00-5:30 Junior Solo 5:30-6:30 Mini Tap Comp Group 6:30-7:30 Production 7:30-8:00 Adv Tap 8:00-8:45 Adult Jazz Funk	4:45-5:15 Mini Solo 5:15-5:45 Int Tap 5:45-6:30 Nugget Combo 1A 6:30-7:00 Mini Nugget 7:00-7:45 Nugget Combo 1B
<b>Wednesday</b>	6:00-6:30 Teen Solo 6:30-7:15 Beg/Int Ballet 7:15-8:00 Beg/Int Jazz	5:30-6:00 6:00-6:30 Beg Tap 6:30-7:15 Nugget Combo 1C 7:15-8:00 Tumble (ages 5+)
<b>Thursday</b>	4:30-5:00 Teen Duet 5:00-5:30 Teen Solo 5:30-6:30 Teen Jazz Comp Group 6:30-7:45 Adv Leaps and Turns 7:45-8:30 Adv Hip Hop 8:30-9:00 TeenDuet	5:00-5:30 Mini Nugget 5:30-6:15 6:15-7:00 Teen Jazz Comp Trio 7:00-7:45 Beg/Interm Hip Hop